

DR. VALERIE D. CALLENDER

CALLENDER DERMATOLOGY
AND COSMETIC CENTER
GLENN DALE, MARYLAND

ON

REVEALING YOUR NATURAL BEAUTY

Known for her sensitive and cutting-edge approach to the management and correction of hair loss and the treatment of pigment disorders, board-certified dermatologist Dr. Valerie D. Callender knows she is the saving grace for women plagued with skin and hair concerns. As a go-to resource for hair loss treatment for women of color, she has also served in leadership roles for organizations like the Women's Dermatologic Society and the Skin of Color Society. "There are several racial differences in hair transplant surgery," says Dr. Callender. "These include the reason for the procedure, the shape of the hair, and the risk of keloid formation." It is her breadth of knowledge and experience with the specific needs of this subset of hair loss sufferers that has allowed her to change the lives of so many of her patients. "Our hair is our crown and glory, and I consider it my job to help others restore and maintain their crowns."

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My approach is creating
natural-looking results and preserving
beauty across all ethnicities.

WHO I AM

1.

WHAT NONSURGICAL ADVANCEMENTS ARE YOU MOST EXCITED ABOUT?

"DualSculpting" for body contouring and Thermage FLX for skin tightening

2.

WHAT IS THE ONE THING YOUR PRACTICE OFFERS THAT IS REALLY UNIQUE?

Combining treatments for hair restoration in women using neurtaceuticals, topical minoxidil, laser therapy, platelet-rich plasma (PRP) and hair transplantation

3.

WHAT ARE YOUR MOST REQUESTED PROCEDURES?

Botox Cosmetic, fillers to restore midface volume loss and chemical peels to correct hyperpigmentation

4.

WHAT NEW SERVICES ARE YOU EXCITED TO OFFER?

Combining PRP injections with microneedling for hair loss, Thermage FXL for skin tightening and microneedling for acne scars

5.

WHO HAS BEEN YOUR CAREER-DEFINING PATIENT?

A hair loss patient with Central Centrifugal Cicatricial Alopecia (CCCA), a common cause of hair loss in women of color that required aggressive therapy before surgery. She stimulated my interest in surgical management for this type of hair loss

6.

WHAT ARE THE MOST COMMON MEDICAL MYTHS YOU'VE EVER HEARD?

That there is no treatment for hair loss in women and you just have to accept it and cover it up with a wig. Also, that laser procedures are unsafe for skin of color

7.

WHY IS SKIN CARE SO IMPORTANT?

Skin care is the foundation for the in-office cosmetic procedures that we do. Patients must be committed to maintaining their results with an individualized and customized skin care regimen that we create

8.

WHAT ARE YOU BEST KNOWN FOR?

I am known for treating hair loss in women and correcting uneven skin tone—melasma and hyperpigmentation

9.

WHAT DO YOU THINK IS THE BIGGEST SKIN-RELATED TREND OF THE YEAR?

Hydroquinone-free topical skin lightening agents that can be combined with aesthetic procedures to treat melasma and skin discoloration

10.

WHAT DO YOU LIKE MOST ABOUT YOUR PROFESSION?

I like that aesthetic dermatology is always evolving

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THREE WORDS THAT BEST DESCRIBE ME

Caring, compassionate, kind

MY MOTTO

Excellent patient care matters

MY ULTIMATE SKIN CARE ADVICE

Use a multitasking night cream while you sleep to exfoliate, hydrate and manage dyspigmentation

PHOTOGRAPH BY: JACKIE HICKS



ABOUT DR. CALLENDER

Dr. Valerie D. Callender is an elected board member of the American Academy of Dermatology and is the principle investigator for her clinical research center, which is involved in testing cutting-edge medical and aesthetic technologies.

MY CREDENTIALS

Medical Degree
Howard University
College of Medicine

Board Certification
American Board
of Dermatology

CONTACT

Visit the doctor's gallery of **before-and-after** photos at:
newbeauty.com/callender

Glenn Dale, Maryland
301.249.0970

callenderskin.com

A FEW OF MY SPECIALTIES...

Botox® Cosmetic
Fillers
Facial / Skin Rejuvenation
Hair Restoration
Laser Hair Removal
Mole Removal
Sclerotherapy
Skin Care
Skin Peels
CoolSculpting®
Kybella®
Platelet-Rich Plasma (PRP)
Therapy
Laser Tattoo Removal
Acne Scar Treatment
Microneedling
Scar Correction
Earlobe Repair
Thermage® FLX